

JAYSHREE PERIWAL INTERNATIONAL SCHOOL

Lunch Menu for Day Boarders - MARCH 2024

WEEK 1 COMMON MENU FOR MARCH 2024

					FRIDAY
					01.03.24
LUNCH					Green Salad
					Pickle
					Plain Curd
					Aloo Parantha
					Pink Sauce Pasta
					Papdi Chaat
					Green & Imli Chutney
Evening Snacks					Roasted Makhana
					Nimbu Pani

WEEK 2 COMMON MENU FOR MARCH 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	04.03.24	05.03.24	06.03.24	07.03.24	08.03.24
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Boondi Raita	Plain Curd	Mix Veg. Raita	Plain Curd	Plain Curd
	Plain Rice	Plain Rice	Jeera Rice	Peas Pulao	Chilli Cheese Toast
	Chapati	Chapati	Chapati	Chapati	Manchurian
	Rajma	Moong Sabut Dal	Dal Fry	Dal Makhani	Honey Chilli Potato
	Kurkuri Bhindi	Matar Paneer	Gatta Masala	Bhindi Masala	Veg Fried Rice
	Navratan Korma	Mix Veg	Corn Palak	Kadai Paneer	
	Sevaiyan Kheer		Ice Cream		Fruit Custard
Continental Food	Hakka Noodles		Tacos		
	Fried Rice /Manchurian		Croquettes		
	Sevaiyan Kheer		Ice Cream		
Evening Snacks	Popcorn	Boiled Moong Chaat	Banana (PYP)	Roasted Makhana	Boiled Peanuts
	Mix Veg. Soup	Chocolate Milk (PYP)	Chana Zor Garam (6-12)	Strawberry Milk (PYP)	Tomato Soup
		Chai (6-12)	Choco Milk (pyp) + Nimbu Pani(6-12)	Nimbu Pani	

WEEK 3 COMMON MENU FOR MARCH 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11.03.24	12.03.24	13.03.24	14.03.24	15.03.24
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Mixed Veg Raita	Plain curd	Mix Veg. Raita	Boondi Raita	Plain Curd
	Plain Rice	Chapati	Chapati	Chapati	Idli
	Chapati	Jeera Rice	Plain Rice	Pea Pulao	Lemon Rice
	Moong Dal	Kali Masur Sabut Dal	Kala Chana Curry	Panchmel Dal	Sambhar
	Paneer Khurchan	Gatta Curry	Matar Paneer	Dum Aloo	Papdi chaat
	Aloo Shimla Mirch	Corn Masala	Veg. Jalfrezi	Mix. Veg	Green & Imli Chutney
	Suji Ka Halwa		Gulab Jamun		
Continental Food	Pasta In Pink Sauce		Cheese Mayo S/W		Fruit Custard
	Garlic Bread		French Fries		
	Suji Ka Halwa		Gulab Jamun		
Evening Snacks	Roasted Murmure+Chana+Peanuts	Popcorn	Roasted Makhana	Kala Chana Chaat	Boiled Corn
	Mix Veg. Soup	Hot Chocolate Milk (PYP)	Sweet Corn Soup	Chocolate Milk(PYP)	Tomato Soup
		Nimbu Pani (6-12)		Nimbu Pani	

WEEK 4 COMMON MENU FOR MARCH 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	18.03.24	19.03.24	20.03.24	21.03.24	22.03.24
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Boondi Raita	Plain Curd	Mix Veg. Raita	Plain Curd	Plain Curd
	Plain Rice	Plain Rice	Jeera Rice	Peas Pulao	Chilli Cheese Toast
	Chapati	Chapati	Chapati	Chapati	Manchurian
	Rajma	Moong Sabut Dal	Dal Fry	Dal Makhani	Honey Chilli Potato
	Kurkuri Bhindi	Matar Paneer	Gatta Masala	Bhindi Masala	Veg Fried Rice
	Navratan Korma	Mix Veg	Corn Palak	Kadai Paneer	
	Sevaiyan Kheer		Ice Cream		Fruit Custard
Continental Food	Hakka Noodles		Tacos		
	Fried Rice /Manchurian		Croquettes		
	Sevaiyan Kheer		Ice Cream		
Evening Snacks	Popcorn	Boiled Moong Chaat	Banana (PYP)	Roasted Makhana	Boiled Peanuts
	Mix Veg. Soup	Chocolate Milk (PYP)	Chana Zor Garam (6-12)	Strawberry Milk (PYP)	Tomato Soup
		Chai (6-12)	Choco Milk (pyp) + Nimbu Pani(6-12)	Nimbu Pani	