



JAYSHREE PERIWAL
INTERNATIONAL SCHOOL
innovating minds...elevating souls

BOARDING HEBDOMADAL

"You may have your eyes on the future, but history has its eyes on you."

Acing the ACT



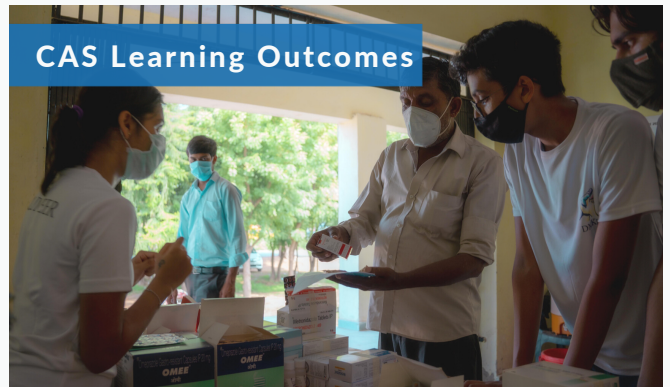
Sankrant Celebration



Student Spotlight



CAS Learning Outcomes



Kuch toh Corona



Our Chairperson Dr. Jayshree Periwal being felicitated with the "School of Eminence Awards 2021"



This week began on an incredibly high note! Our dynamic chairperson Dr. Jayshree Periwal was felicitated with the "School of Eminence Awards 2021" with a rating of A+, a full score!

This award is a symbol of excellence and recognition awarded to JPIS by Ernst & Young - one of the largest professional services networks in the world - and Education World, who have ventured into recognizing India's first private school knowledge index.

A big congratulations to Dr. Jayshree Periwal and the entire JPIS family!



Exordium

In the Kafkaesque world that we currently reside in, headlines and news alerts are often dreaded.

Lockdowns loom over our heads and we constantly find ourselves swerving in and out of the by lanes of normalcy. How do we adapt to said world? In this situation, I find myself thinking of the various moments the world changes its course. Whether it was the World Wars, Pearl Harbour, India's Independence Movement, Establishment of Maoist China, and many others. Whenever lives have been at stake, history has been created. During all these historical moments, humanity was challenged, tested, and reshaped for years to come. Now, again, we live through a world that will surely be mentioned in textbooks years later; the COVID 19 Pandemic.



It's at this juncture that our choices will define not just our generation but life for all the generations to follow. So, to all my students, I urge you, choose wisely. Remaining committed to cultivating productive habits that will enhance the quality of our days will ensure that we sail out of this period. Humanity has had to time and again make sacrifices to curate a better world. The sacrifice that we have had to make of social skills, physical meetings, and what not will also go a long way towards a better world, a safer world. However, as we begin to see the pandemic losing strength with milder infections, we also need to recommit ourselves to life in the new world with full zeal. This world, as we know it, will thrive through in-depth research, inventions, and creations that will advance medicine, aid disruptive technologies, and solve global problems. Join this movement to make a better tomorrow. Join this philosophy of a better humanity. Join each other's efforts for a better world. Dear students, reflect, think and ponder. Let the wildfires of covid and climate change be less powerful than the wildfires of your passion and purpose.

The path ahead is unknown and unpredictable. No one can say with certainty what the new normal will be life. But as we step ahead, don't be afraid to be unique and don't follow the herd. You are not meant to be the chorus after all. You are the lead singers. Make your choices for the right and the rest will follow.

Always remember:

*Sangharsh Mein Aadamee Akela Hota Hai,
Sapthalata Mein Duniya Uske Saath Hotee Hai.
Jis Jis Par Yeh Jag Hasta Hai,
Vahee Ek Din Itihaas Rachta Hai.*

Mrs. Aakriti Periwal

7 TIPS TO ACE THE **ACT** BY THE LEGEND, **D**IVYANSH **L**ALWANI

1

***Study* the test**

Before you take the test, you have to study for the test. But before you study for the test, you need to study the test. Make sure you know everything there is to know about the ACT that may help you optimize your preparation and reduce preparation lag. How many questions are there? How many sections? How many minutes per section? How many minutes per question? Do I need to take writing? Just some details you just need to acclimate yourself with before you jumpstart your preparation. Consult with a counselor if you need writing. Most of the time, you don't, but do make sure before you register. If you're beginning from scratch, 1 to 2 months is the optimal timeline to prepare from start to finish. But then again, everyone is different. I personally know people who've scored a 36 with only 12 days of preparation. But then again, there are many factors to account for. Don't leave your score to chance. Give your best anyway.

It's all about (god) speed

2

ACT tests your knowledge (although this is what you get the score for) less and time-management skills more. ACT is a race against time. So, to get acclimated to the test and the time conditions, take as many practice tests as you can, under as close to test-like conditions as possible. Become a faster reader. Read outside of tests and textbooks too: novels, science magazines, news, whatever panders to your folly. But read. Not just for a test, or for college, but for much more than that.

3

A good night's Zzzzzz's

SLEEP. This might just make the difference between a 34 and a 36. I know it because it happened to me. The night before my first attempt, I was sleepless and during the test, not my most composed self. Set an early sleep schedule to give your circadian rhythms time to adjust to your new routine. Once relaxed, you will be able to focus for longer, more intensely for longer and the ACT needs just that.

After all, it's about the journey

4

Enjoy the journey. In all honesty, during quarantine, I was my most productive when I was preparing for the ACT. Some of the English and Reading questions were astonishingly gripping. Some Science experiments gave really interesting outcomes and of course, Math made me think like nothing else. ACT is a much simpler test than the SAT in terms of the difficulty of questions. Embrace the routine that you make for yourself. Some of the concepts you'll learn during your ACT prep will set up for the rest of your life. I still take care of my commas when I write emails!





Resources

There are so many more past papers online for the ACT than for the SAT. Use that to your advantage.

Books to use (in this order of priority if you are just starting out, but if you know where your weaknesses lie, feel free to play around with the order, but I do recommend doing all of them to the dot): The Complete Guide to ACT English by Erica Meltzer, The Ultimate Guide to SAT Grammar by Erica Meltzer, For the Love of ACT Science by Michael Cerro, The Complete Guide to ACT Reading by Erica Meltzer, 500 ACT Math Questions to Know by Test Day. These are all the books you'll ever need.

Video resources: SupertutorTV (good for tips and tricks, inspiration)

Past papers: The ACT website has official past papers. Many past papers from a lot of previous test dates are available across the web, especially on Reddit. I do not condone using these resources. CrackACT is a godsend. Frankly, days leading up to my last test attempt, I only practiced on CrackACT. I probably owe my 36 to CrackACT.

Meaningful. Mindfulness. Meditation.



Whenever you take a practice test or even during the real test, never keep your mind on the questions that you just solved, the one that you couldn't and just passed. Always be in the present, trying to focus on what lies in front of you. You barely have any time to think about the question you're doing, let alone the one you just did or couldn't do. Go back to the ones you're doubtful about or missed once you're done with all. But the moment you're solving the question, solve that question alone, don't confuse your prefrontal cortex. Let your subconscious mind take care of the rest. This may just be the most difficult thing to do in your entire ACT prep process. But being present is a muscle that can be developed—in the gym of mindfulness. Meditate with stillness for 20 to 30 minutes a day. I'm not going to say anything more. You'll see the difference within 4 to 5 days alone.



9-1-1: We're here to help.

Reach out for help! Pretty soon, I'm going to start tutoring those who need personal support and guidance through this journey. Keep on the lookout in your inboxes. I'll help you through everything you'll need to know.

Join r/ACT to pledge diligent preparation with so many more students in the same shoes as you! It's comforting to know that you're not scaling this mountain alone. That really helps.

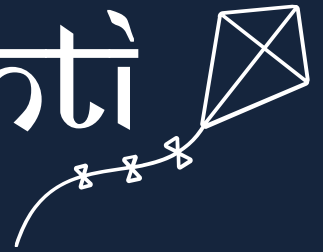
One for good luck :)

All the best! Remember, whatever happens, some digits on a computer screen don't define what you're capable of. It's only a metric to put everyone, from different walks of life tackling different predispositions, in the college process on a level playing field, something that doesn't hold true in real life. So, take it with a grain of salt but also recognize that it is a great opportunity to learn about yourself, your time-management skills, your level of focus, your ability to put information into context, skills that will last you a lifetime. Always be mindful of how you prepare and let the outcome take care of itself. This is the best advice I have to give.



Take it easy,
Divyansh Lalwani

Makar Sankranti



The Jaipur jacket weather is definitely dreaded by many, but today was special. Boarders awoke to the sound of hindi music and the smell of warm chai. On the occasion of Makar Sankranti, the hostel viewed competition, struggle, and a lot of manjhas. The continuous sounds of laughter, screams of “uda ke dede na” and frustration of “arey ud hi nahi rahi hai patang” were definitely the highlight of the week.



This week the hostel celebrated the icy air with a bonfire. Hostellers gathered around the warm flames, songs played in the background and borders danced, played games and indulged in some flavoursome barbecue.

Student Spotlight: Samarth Bansal

"A man of many talents"- there is no better way to describe Samarth Bansal.

Football, basketball, table tennis, swimming, kickboxing, volleyball; you name the sport and Bansal has somehow already mastered it.





IBDP CAS LEARNING OUTCOMES



STRENGTH
AND GROWTH

CHALLENGE
AND SKILLS



INITIATIVE
AND PLANNING

WORKING
COLLABORATIVELY



PRESERVANCE
AND COMMITMENT

GLOBAL
ENGAGEMENT



RECOGNISE AND CONSIDER
THE CHOICES AND ETHICS



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Prevent the spread of COVID-19 in 7 STEPS

- 01 Wash your hands frequently
- 02 Avoid touching your eyes, nose and mouth
- 03 Cover your cough using the bend of your elbow or a tissue
- 04 Avoid crowded places and close contact with anyone that has fever or cough
- 05 Stay at home if you feel unwell
- 06 If you have a fever, cough and difficulty breathing, seek medical care early — but call first
- 07 Get information from trusted sources

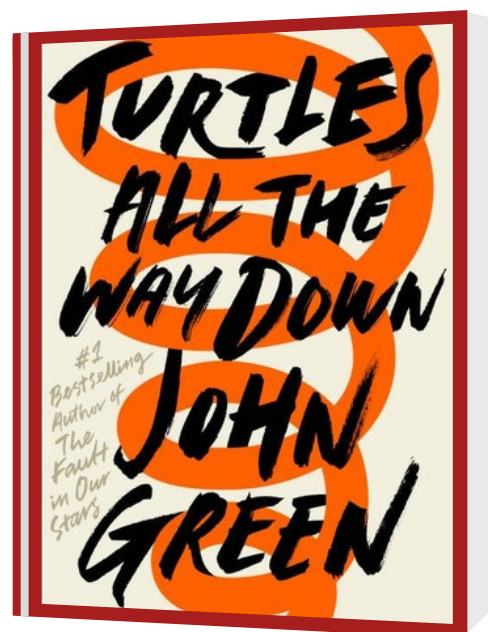


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