			WEEK 1 COMMO	N MENU FOR FEBRUAR			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						01.02.2020	02.02.2020
						Hot/Cold Milk	Hot/Cold Milk
						Bread,Butter,Jam	Bread,Butter,Jam
						Chocos/Cornflakes	Chocos/Cornflakes
						Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast						Cheese Omlette	Boiled Egg
						Bedmi Poori	Noodles
						Aloo Ki Subzi	Masala Oats
		•		•			
						Veg. Frankie	
Morning Snacks						Ũ	
	•			4			
						Laccha Onion	
						Pickle	
	<u> </u>	1				Plain Curd	Plain Beaten Curd
						Lachcha Parantha	Gobhi Parantha
LUNCH	<u> </u>	+				Veg. biryani	
LONGH	├ ────	+	+			Veg. biryani Mirchi Ka Salan	Pizza Pasta in Tomato Basil Sauce
		+				IVIIICHI NA SAIAN	Cheese Garlic Bread
		-				Objekse Dimeni	Cheese Garric Bread
		-				Chicken Biryani	
Continental Food							
		-					
Lunch for I'ntl						Chicken Biryani	Chicken Pizza
Students						Veg. Manchow Soup	Tom Yum Soup
Evening Spacks							
Evening Snacks							
Evening Snacks							
Evening						Sweet Corn	Mirchi Vada And Apple
							Mirchi Vada And Apple Hot Chocolate/ Masala Chai
Evening						Sweet Corn Vegetable Soup	
Evening							
Evening						Vegetable Soup	Hot Chocolate/ Masala Chai
Evening						Vegetable Soup Green Salad	Hot Chocolate/ Masala Chai
Evening						Vegetable Soup Green Salad Achaar	Hot Chocolate/ Masala Chai Laccha Onion Pickle
Evening						Vegetable Soup Green Salad Achaar Steamed Rice	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita
Evening						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati
Evening						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM)						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM)						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM)						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM)						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM)						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM)						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji	Hot Chocolate/ Masala Chai
Evening Snacks(7:00PM) Dinner						Vegetable Soup Green Salad Achaar Stearned Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta
Evening Snacks(7:00PM) Dinner						Vegetable Soup Green Salad Achaar Stearned Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta Chicken Noodles
Evening Snacks(7:00PM) Dinner						Vegetable Soup Green Salad Achaar Stearned Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta
Evening Snacks(7:00PM) Dinner						Vegetable Soup Green Salad Achaar Stearned Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta Chicken Noodles
Evening Snacks(7:00PM) Dinner Dinner for l'ntl Students						Vegetable Soup Green Salad Achaar Stearned Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta Chicken Noodles
Evening Snacks(7:00PM) Dinner Dinner						Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy Rice	Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta Chicken Noodles Manchow Soup

				N MENU FOR FEBRUARY			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	03.02.2020	04.02.2020	05.02.2020	06.02.2020	07.02.2020	08.02.2020	09.02.2020
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Egg Bhurji	Fried Eggs	Masala Omelette	Cheese Omelette	Half Fry Egg	Boiled Egg	Omelette
	Poha	Aloo Parantha	Bread Poha	Masala Chilla	Upma	Pancake	Noodles
	Cutlet	Pickle	Green Chutney	Green Chutney	Uttapam	Maple Syrup	Masala Oats
		Curd			Coconut Chutney	Caster Sugar	
		Card				Bombay Masala Sandwich	
						Bombay Wasala Sandwich	
Morning Snacks	Macaroni In Red Sauce	Masala Idli	Veg. Hotdog	Paneer Puff	Jhalmuri	Cheese Garlic Bread	
WORTHING SHACKS	Macaroni in Red Sauce	IVIASAIA IUII	veg. Holdog		Jilainun	Cheese Gallic Blead	
				1			Lausta Onian
	Green Salad	Diced Salad	Green Salad	Green Salad	Green Salad	Green Salad	Laccha Onion
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Gud
	Plain Curd	Boondi Raita	Plain Curd	Mixed Veg Raita	Plain Curd	Plain Curd	Plain Curd/ Butter
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice	Garlic Bread		Plain Rice
LUNCH	Chapati	Chapati	Chapati	Chapati	Kulchey	Paneer Pyaz Parantha	Makke ki Roti/ Chapati
Lonon	Dal Fry	Dal Makhani	Rajma Curry	Kaali Masoor Sabut Dal	Chole	Veg.Burger	Dal Panchmel
	Matar Paneer	Corn Palak	Kurkuri Bhindi	Paneer Khurchan	Pasta in Pink Sauce	Chicken Burger	Sarson ka Saag
	Navratna Korma	Gobhi Achari	Veg. Jalfrezi	Aloo Beans			Baingan ka Bharta
	Moong Dal Halwa		Gulab Jamun		Fruit Custard		
	Pita bread with Hummus		Cheese Macaroni				
Continental Food	Falafel		Nachos with Salsa Sauce				
	Moong Dal Halwa		Gulab Jamun				
	MOONY Dal Halwa		Guiad Jamun				
Lunch for Inti							
Lunch for l'ntl	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Burger	Chicken Noodles
Lunch for l'ntl Students		Chicken Momos with Thai Chilli Sauce Hot N Sour sauce		Chicken Thai Curry Plain Rice	Fried Chicken Plain Rice	Chicken Burger French Fries	Chicken Noodles Tom Yum Soup
	Chicken Sechwaun Plain Rice	Hot N Sour sauce	Chilli Chicken Dry Plain Rice	Plain Rice	Plain Rice		
Students	Chicken Sechwaun Plain Rice Salted Peanuts	Hot N Sour sauce Plain Popcorn	Chilli Chicken Dry Plain Rice Banana	Plain Rice Makhana	Plain Rice Salted Peanuts		
	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5)	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5)	Chilli Chicken Dry Plain Rice	Plain Rice Makhana Hot Chocolate Milk (PYP)	Plain Rice		
Students	Chicken Sechwaun Plain Rice Salted Peanuts	Hot N Sour sauce Plain Popcorn	Chilli Chicken Dry Plain Rice Banana	Plain Rice Makhana	Plain Rice Salted Peanuts		
Students Evening Snacks	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5)	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5)	Chilli Chicken Dry Plain Rice Banana	Plain Rice Makhana Hot Chocolate Milk (PYP)	Plain Rice Salted Peanuts		
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5)	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5)	Chilli Chicken Dry Plain Rice Banana	Plain Rice Makhana Hot Chocolate Milk (PYP)	Plain Rice Salted Peanuts	French Fries	
Students Evening Snacks	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12)	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12)	Chilli Chicken Dry Plain Rice Banana Tomato Soup	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12)	Plain Rice Salted Peanuts Hot and Sour Soup	French Fries	Tom Yum Soup
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple	French Fries	Tom Yum Soup
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple	French Fries	Tom Yum Soup
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee	French Fries Bhel Puri Hot Tea	Tom Yum Soup
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Com Veg. Manchow Soup Green Salad	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar
Students Evening Snacks Evening Snacks(7:00PM)	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao
Students Evening Snacks Evening	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati
Students Evening Snacks Evening Snacks(7:00PM)	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Tom Yum Soup Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka
Students Evening Snacks Evening Snacks(7:00PM)	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM)	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka
Students Evening Snacks Evening Snacks(7:00PM)	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM)	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chicken Changezi	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner Dinner	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless Butter Chicken Boneless	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce Chicken Thai Curry	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni Chicken Manchurian Gravy	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni Chicken Lemon Coriander	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa Egg Curry	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap Chicken Manchurian Grav
Students Evening Snacks Evening Snacks(7:00PM) Dinner	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless	Hot N Sour sauce Plain Popcom Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chicken Changezi	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner Dinner	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless Butter Chicken Boneless	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce Chicken Thai Curry	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni Chicken Manchurian Gravy	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni Chicken Lemon Coriander	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa Egg Curry	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap Chicken Manchurian Grav
Students Evening Snacks Evening Snacks(7:00PM) Dinner Dinner	Chicken Sechwaun Plain Rice Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless Butter Chicken Boneless	Hot N Sour sauce Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce Chicken Thai Curry	Chilli Chicken Dry Plain Rice Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni Chicken Manchurian Gravy	Plain Rice Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni Chicken Lemon Coriander	French Fries French Fries Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa Egg Curry	Tom Yum Soup Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap Chicken Manchurian Grav

		a de la constante de la constan	WEEK 5 CONIN	ION MENU FOR FEBRUAR	1 2020-2021		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	10.02.2020	11.02.2020	12.02.2020	13.02.2020	14.02.2020	15.02.2020	16.02.2020
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Masala Omelette	Egg Bhurji	Boiled Egg	Vegetable Omlette	Scrambled Egg	Cheese Omlette	Boiled Egg
	Upma	Aloo Parantha	Poha	Pancake	Veg. Cutlet	Bedmi Poori	Noodles
	Vada	Pickle	Bread Roll	Maple Syrup	Double Decker Sandwich	Aloo Ki Subzi	Masala Oats
	Sambhar	Plain Curd		Caster Sugar			
	Coconut Chutney			Vermacilli			
	Oha an an Ohadi's Dava d	Deves Devis 's Milli's Original	Maria an Oranda ist		Develop Deff	Man Frankis	I
Morning Snacks	Cheese Garlic Bread	Penne Pasta in White Sauce	Mexican Sandwich	Hot Dog	Paneer Puff	Veg. Frankie	
	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad	Laccha Onion	
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	
	Mix. Veg Raita	Plain Curd	Mint Raita	Boondi Raita	Plain Curd	Plain Curd	Plain Beaten Curd
	Chapati	Chapati	Chapati	Chapati	Idli	Lachcha Parantha	Gobhi Parantha
LUNCH	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Lemon Rice	Veg. biryani	Pizza
	Kadhi Pakoda	Rajma Curry	Dal Makhani	Dal Tadka	Sambhar	Mirchi Ka Salan	Pasta in Tomato Basil Sauce
	Paneer Makhani	Bhindi Do Pyaza	Sarson Ka Saag	Paneer Makhani	Papadi chaat		Cheese Garlic Bread
	Jeera Aloo	Gajar Mutter	Navratan Korma	Aloo Beans	Green & Imli Chutney	Chicken Biryani	
	Kheer		Fruit Custard	Noo Deans	Gazar ka Halwa		
	Vegetable Manchurian		Vegetable Croquettes				
Continental Food	Vegetable Fried Rice		Veg. Chowmein				
	Kheer		Fruit Custard				
Lunch for I'ntl	Chicken Sechwaun	Chicken Momos with Thai Chilli S	Sauce Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Biryani	Chicken Pizza
Lunch for I'ntl Students	Chicken Sechwaun Plain Rice	Chicken Momos with Thai Chilli S Hot N Sour sauce	Chilli Chicken Dry Plain Rice	Chicken Thai Curry Plain Rice	Fried Chicken Plain Rice	Chicken Biryani Veg. Manchow Soup	Chicken Pizza Tom Yum Soup
			Plain Rice				
Students	Plain Rice Banana	Hot N Sour sauce Salted Peanuts		Plain Rice	Plain Rice		
Students	Plain Rice	Hot N Sour sauce	Plain Rice Plain Popcorn	Plain Rice Makhana	Plain Rice Banana		
Students	Plain Rice Banana	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP)	Plain Rice Plain Popcorn	Plain Rice Makhana Hot Chocolate Milk (PYP)	Plain Rice Banana		
Students Evening Snacks	Plain Rice Banana	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP)	Plain Rice Plain Popcorn	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12)	Plain Rice Banana		Tom Yum Soup
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear	Plain Rice Banana Veg. Manchow Soup Bhel Puri	Veg. Manchow Soup	Tom Yum Soup
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12)	Plain Rice Plain Popcorn Nimbu Pani	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12)	Plain Rice Banana Veg. Manchow Soup	Veg. Manchow Soup	Tom Yum Soup
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee	Plain Rice Plain Popcom Nimbu Pani Nachos with Salsa Veg. Manchow Soup	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup	Veg. Manchow Soup	Tom Yum Soup
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad	Plain Rice Plain Popcom Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad	Plain Rice Banana Veg. Manchow Soup Bhel Puri	Veg. Manchow Soup	Tom Yum Soup
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar	Plain Rice Plain Popcom Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar	Tom Yum Soup Tom Yum Soup Mirchi Vada And Apple Hot Chocolate/ Masala Chai Laccha Onion Pickle
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad	Plain Rice Plain Popcom Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad	Veg. Manchow Soup	Tom Yum Soup
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar	Plain Rice Plain Popcom Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar	Tom Yum Soup Mirchi Vada And Apple Hot Chocolate/ Masala Chai Laccha Onion Pickle
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita	Tom Yum Soup Tom Yum Soup Mirchi Vada And Apple Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati
Students Evening Snacks Evening	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	Tom Yum Soup Tom Yum Soup Mirchi Vada And Apple Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	Tom Yum Soup Tom Yum Soup Mirchi Vada And Apple Hot Chocolate/ Masala Chai Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM)	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner Dinner	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun Mutton Curry	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Keema Masala	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun	Plain Rice Plain Popcom Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner Dinner	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun Mutton Curry	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Keema Masala	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	Tom Yum Soup
Students Evening Snacks Evening Snacks(7:00PM) Dinner Dinner	Plain Rice Banana Sweet Corn Soup Jhal Moori Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot N Sour sauce Salted Peanuts Hot Chocolate Milk (PYP) Vegetable Soup (6-12) Chana Chaat Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun Mutton Curry	Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken	Plain Rice Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Samosa and Pear Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Keema Masala	Plain Rice Banana Veg. Manchow Soup Bhel Puri Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter	Veg. Manchow Soup Veg. Manchow Soup Sweet Corn Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	Tom Yum Soup

			WEEK 4 COMMON	MENU FOR FEBRUARY	2020-2021		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	17.02.2020	18.02.2020	19.02.2020	20.02.2020	21.02.2020	22.02.2020	23.02.2020
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Egg Bhurji	Fried Eggs	Masala Omelette	Cheese Omelette	Half Fry Egg	Boiled Egg	Omelette
	Vada	Aloo Parantha	Bread Poha	Masala Chilla	Upma	Pancake	Noodles
	Masala Pao	Pickle	Green Chutney	Green Chutney	Uttapam	Maple Syrup	Masala Oats
		Curd			Coconut Chutney	Caster Sugar	
						Bombay Masala Sandwich	
						Bombay Masala Gandworr	
Morning Snacks	Macaroni In Red Sauce	Masala Idli	Veg. Hotdog	Paneer Puff	Jhalmuri	Cheese Garlic Bread	
	Green Salad	Diced Salad	Green Salad	Green Salad	Green Salad	Green Salad	Laccha Onion
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Gud
	Plain Curd	Boondi Raita	Plain Curd	Mixed Veg Raita	Plain Curd	Plain Curd	Plain Curd/ Butter
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice	Garlic Bread		Plain Rice
					Kulchey	Bapaar Byar Baratha	
LUNCH	Chapati	Chapati	Chapati	Chapati	-	Paneer Pyaz Parantha	Makke ki Roti/ Chapati
	Dal Fry	Dal Makhani	Rajma Curry	Kaali Masoor Sabut Dal	Chole	Veg.Burger	Dal Panchmel
	Matar Paneer	Corn Palak	Kurkuri Bhindi	Paneer Khurchan	Pasta in Pink Sauce	Chicken Burger	Sarson ka Saag
	Navratna Korma	Gobhi Achari	Veg. Jalfrezi	Aloo Beans			Baingan ka Bharta
	Moong Dal Halwa		Gulab Jamun		Fruit Custard		
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Continental Food	Pita bread with Hummus Falafel		Cheese Macaroni Nachos with Salsa Sauce				
Continentari oou	Moong Dal Halwa		Gulab Jamun				
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Lunch for I'ntl	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Burger	Chicken Noodles
Students	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	French Fries	Tom Yum Soup
Students	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	French Fries	Tom Yum Soup
Students	Plain Rice Salted Peanuts	Hot N Sour sauce Plain Popcorn	Plain Rice Banana	Plain Rice Makhana	Plain Rice Salted Peanuts	French Fries	Tom Yum Soup
Students Evening Snacks	Salted Peanuts	Plain Popcorn	Banana	Makhana	Salted Peanuts	French Fries	Tom Yum Soup
	Salted Peanuts Sweet Corn Soup (PYP To 5)	Plain Popcorn Hot Chocolate Milk (PYP to 5)		Makhana Hot Chocolate Milk (PYP)		French Fries	Tom Yum Soup
	Salted Peanuts	Plain Popcorn	Banana	Makhana	Salted Peanuts	French Fries	Tom Yum Soup
Evening Snacks	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12)	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12)	Banana Tomato Soup	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12)	Salted Peanuts Hot and Sour Soup		
	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce	Plain Popcorn Hot Chocolate Mik (PYP to 5) Nimbu Pani (6-12) Sweet Corn	Banana Tomato Soup Veg. Momos	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple	Bhel Puri	Cheese Mayo Sandwich
Evening Snacks Evening	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12)	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12)	Banana Tomato Soup	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12)	Salted Peanuts Hot and Sour Soup		
Evening Snacks Evening	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce	Plain Popcorn Hot Chocolate Mik (PYP to 5) Nimbu Pani (6-12) Sweet Corn	Banana Tomato Soup Veg. Momos	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple	Bhel Puri	Cheese Mayo Sandwich
Evening Snacks Evening	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup	Banana Tomato Soup Veg. Momos Hot Coffee	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee	Bhel Puri Hot Tea	Cheese Mayo Sandwich Sweet Corn Soup
Evening Snacks Evening	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad	Bhel Puri Hot Tea Kachumar Salad	Cheese Mayo Sandwich Sweet Corn Soup Green Salad
Evening Snacks Evening	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar	Bhel Puri Hot Tea Kachumar Salad Achaar	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar
Evening Snacks Evening Snacks(7:00PM)	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita
Evening Snacks Evening	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati
Evening Snacks Evening Snacks(7:00PM)	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka
Evening Snacks Evening Snacks(7:00PM)	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry
Evening Snacks Evening Snacks(7:00PM)	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka
Evening Snacks Evening Snacks(7:00PM)	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tomato Shorba Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry
Evening Snacks Evening Snacks(7:00PM)	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry
Evening Snacks Evening Snacks(7:00PM) Dinner	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap
Evening Snacks Evening Snacks(7:00PM) Dinner	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce Chicken Thai Curry	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni Chicken Manchurian Gravy	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni Chicken Lemon Coriander	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa Egg Curry	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap Chicken Manchurian Grav
Evening Snacks Evening Snacks(7:00PM) Dinner	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap
Evening Snacks Evening Snacks(7:00PM) Dinner	Salted Peanuts Sweet Corn Soup (PYP To 5) Nimbu Pani (6-12) Nachos with Salsa Sauce Hot Tea Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Methi Malai Mutter Butter Chicken Boneless	Plain Popcorn Hot Chocolate Milk (PYP to 5) Nimbu Pani (6-12) Sweet Corn Veg. Manchow Soup Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Brownie with Chocolate Sauce Chicken Thai Curry	Banana Tomato Soup Veg. Momos Hot Coffee Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Gajar Mutter Aloo Methi Chilli Chicken	Makhana Hot Chocolate Milk (PYP) Nimbu Pani (6-12) Mexican Sandwich Tornato Shorba Green Salad Achaar Steamed Rice Tornato,Cucumber Raita & Achaar Lachha Paratha Dal Makhani Bhindi Masala Arbi Ki Subzi Rice Phirni Chicken Manchurian Gravy	Salted Peanuts Hot and Sour Soup Pyaz ki Kachori And Apple Hot Coffee Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Palak Kadhai Paneer Subz Miloni Chicken Lemon Coriander	Bhel Puri Hot Tea Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Gajar Ka Halwa Egg Curry	Cheese Mayo Sandwich Sweet Corn Soup Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Lauki Kofta Curry Soya Chaap Chicken Manchurian Gra

			WEEK 5 COMM	ON MENU FOR FEBRUAR	Y 2020-2021		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	24.02.2020	25.02.2020	26.02.2020	27.02.2020	28.02.2020	29.02.2020	
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	
Breakfast	Masala Omelette	Egg Bhurji	Boiled Egg	Vegetable Omlette	Scrambled Edg	Cheese Omlette	
	Upma	Aloo Parantha	Poha	Pancake	Veg. Cutlet	Bedmi Poori	
	Vada	Pickle	Bread Roll	Maple Syrup	Double Decker Sandwich	Aloo Ki Subzi	
	Sambhar	Plain Curd		Caster Sugar			
	Coconut Chutney			Vermacilli			
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Morning Snacks	Cheese Garlic Bread	Penne Pasta in White Sauce	Mexican Sandwich	Hot Dog	Paneer Puff	Veg. Frankie	
	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad	Laccha Onion	
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	
	Mix. Veg Raita	Plain Curd	Mint Raita	Boondi Raita	Plain Curd	Plain Curd	
	Chapati	Chapati	Chapati	Chapati	Idli	Lachcha Parantha	
LUNCH	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Lemon Rice	Veg. biryani	
	Kadhi Pakoda	Rajma Curry	Dal Makhani	Dal Tadka	Sambhar	Mirchi Ka Salan	
	Paneer Makhani	Bhindi Do Pyaza	Sarson Ka Saag	Paneer Makhani	Papadi chaat		
	Jeera Aloo	Gajar Mutter	Navratan Korma	Aloo Beans	Green & Imli Chutney	Chicken Biryani	
	Kheer Contract of the second s		Fruit Custard		Gazar ka Halwa		
	Vegetable Manchurian		Vegetable Croquettes				
Continental Food	Vegetable Fried Rice		Veg. Chowmein				
	Kheer		Fruit Custard				
Lunch for I'ntl	Chicken Sechwaun	Chicken Momos with Thai Chilli Sa		Chicken Thai Curry	Fried Chicken	Chicken Biryani	
Students	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	Veg. Manchow Soup	
	Banana	Salted Peanuts	Plain Popcorn	Makhana	Banana		
Evening Snacks	Sweet Corn Soup	Hot Chocolate Milk (PYP)	Nimbu Pani	Hot Chocolate Milk (PYP)	Veg. Manchow Soup		
		Vegetable Soup (6-12)		Nimbu Pani (6-12)			
Evening					-		
	Jhal Moori	Chana Chaat	Nachos with Salsa	Samosa and Pear	Bhel Puri	Sweet Corn	
Snacks(7:00PM)	Tomato Soup	Chana Chaat Hot Chocolate/ Coffee	Nachos with Salsa Veg. Manchow Soup	Samosa and Pear Hot Tea	Bhel Puri Hot n Sour Soup	Sweet Corn Vegetable Soup	
	Tomato Soup	Hot Chocolate/ Coffee	Veg. Manchow Soup	Hot Tea	Hot n Sour Soup	Vegetable Soup	
	Tomato Soup Green Salad	Hot Chocolate/ Coffee Green Salad	Veg. Manchow Soup Green Salad	Hot Tea Green Salad	Hot n Sour Soup Green Salad	Vegetable Soup Green Salad	
	Tomato Soup Green Salad Achaar	Hot Chocolate/ Coffee Green Salad Achaar	Veg. Manchow Soup Green Salad Achaar	Hot Tea Green Salad Achaar	Hot n Sour Soup Green Salad Achaar	Vegetable Soup Green Salad Achaar	
	Tomato Soup Green Salad Achaar Steamed Rice	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice	Veg. Manchow Soup Green Salad Achaar Steamed Rice	Hot Tea Green Salad Achaar Steamed Rice	Hot n Sour Soup Green Salad Achaar Steamed Rice	Vegetable Soup Green Salad Achaar Stearned Rice	
	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita	
	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Brownie with Chocolate Sauce	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	
Snacks(7:00PM) Dinner Dinner for I'ntl	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun Mutton Curry	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken Chilli Chicken	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Brownie with Chocolate Sauce Keema Masala	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter Chicken Lemon Coriander	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	
Snacks(7:00PM)	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Brownie with Chocolate Sauce	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	
Snacks(7:00PM) Dinner Dinner for I'ntl	Tomato Soup Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Khatti Tori Fried Chicken	Hot Chocolate/ Coffee Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Gulab Jamun Mutton Curry	Veg. Manchow Soup Green Salad Achaar Steamed Rice Boondi Raita Chapati Dal Tadka Pindi Chana Mutter Mushroom Jungli Chicken Chilli Chicken	Hot Tea Green Salad Achaar Steamed Rice Tomato Cucumber Raita Pav Sabut Masoor ki Dal Bhaji Ghiya Masala Brownie with Chocolate Sauce Keema Masala	Hot n Sour Soup Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Gajar Mutter Chicken Lemon Coriander	Vegetable Soup Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Gravy	