

Jayshree Periwai International School

Lunch Menu For Day Boarders - December 2019

WEEK 1 COMMON MENU FOR DECEMBER 2019-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	02 DEC. 2019	03 DEC. 2019	04 DEC. 2019	05 DEC. 2019	06 DEC. 2019
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Mix. Veg Raita	Plain Curd	Mint Raita	Boondi Raita	Plain Curd
	Chapati	Chapati	Chapati	Chapati	Kulche
	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Jeera Rice
	Kadhi Pakoda	Rajma Curry	Dal Makhani	Dal Tadka	Choley
	Paneer Butter Masala	Bhindi Do Pyaza	Aloo Beans	Kadhai Paneer	Papadi chaat
	Jeera Aloo	Veg. Jalfrezi	Sarson Ka Saag	Gazar Matar	Green & Imli Chutney
	Kheer		Fruit Custard		Gulab Jamun
Continental Food	Vegetable Manchurian		Vegetable Croquettes		
	Vegetable Fried Rice		Veg. Chowmein		
	Kheer		Fruit Custard		
Evening Snacks	Banana	Salted Peanuts	Plain Popcorn	Banana	Makhana
	Hot n Sour Soup	Nimbu Pani	Tomato Soup	Nimbu Pani	Sweet Corn Soup

WEEK 2 COMMON MENU FOR DECEMBER 2019-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	09 DEC. 2019	10 DEC. 2019	11 DEC. 2019	12 DEC. 2019	13 DEC. 2019
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Green Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Plain Curd	Boondi Raita	Plain Curd	Mixed Veg Raita	Plain Curd
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice	
	Chapati	Chapati	Chapati	Chapati	Aloo Parantha
	Dal Fry	Dal Makhani	Rajma Curry	Kaali Masoor Sabut Dal	Pasta in Pink Sauce
	Matar Paneer	Corn Palak	Kurkuri Bhindi	Paneer Khurchan	Garlic Bread
	Navratna Korma	Aloo Achari	Mix Veg.	Aloo Beans	
	Moong Dal Halwa		Gulab Jamun		Fruit Custard
Continental Food	Pita bread with Hummus		Cheese Macaroni		
	Falafel		Nachos with Salsa Sauce		
	Moong Dal Halwa		Gulab Jamun		
Evening Snacks	Salted Peanuts	Plain Popcorn	Banana	Makhana	Salted Peanuts
	Nimbu Pani	Hot Chocolate Milk	Tomato Soup	Hot Chocolate Milk (PYP)	Hot and Sour Soup
				Nimbu Pani (6-12)	

WEEK 3 COMMON MENU FOR DECEMBER 2019-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	16 DEC. 2019	17 DEC. 2019	18 DEC. 2019	19 DEC. 2019	20 DEC. 2019
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Mix. Veg Raita	Plain Curd	Mint Raita	Boondi Raita	Plain Curd
	Chapati	Chapati	Chapati	Chapati	Kulche
	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Jeera Rice
	Kadhi Pakoda	Rajma Curry	Dal Makhani	Dal Tadka	Choley
	Matar Paneer	Bhindi Do Pyaza	Aloo Beans	Paneer Makhani	Papadi chaat
	Jeera Aloo	Veg. Jalfrezi	Navratan Korma	Sarson ka Saag	Green & Imli Chutney
	Kheer		Fruit Custard		Gazar ka Halwa
Continental Food	Vegetable Manchurian		Vegetable Croquettes		
	Vegetable Fried Rice		Veg. Chowmein		
	Kheer		Fruit Custard		
Evening Snacks	Banana	Salted Peanuts	Plain Popcorn	Makhana	Banana
	Sweet Corn Soup	Vegetable Soup	Nimbu Pani	Hot Chocolate Milk (PYP)	Veg. Manchow Soup
				Nimbu Pani (6-12)	

WEEK 4 COMMON MENU FOR DECEMBER 2019-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	23 DEC. 2019	24 DEC. 2019	25 DEC. 2019	26 DEC. 2019	27 DEC. 2019
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Green Salad
	Pickle	Pickle	Pickle	Pickle	Pickle
	Plain Curd	Boondi Raita	Plain Curd	Mixed Veg Raita	Plain Curd
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice	
	Chapati	Chapati	Chapati	Chapati	Aloo Parantha
	Dal Fry	Dal Makhani	Rajma Curry	Kaali Masoor Sabut Dal	Pasta in Pink Sauce
	Matar Paneer	Palak Corn	Kurkuri Bhindi	Paneer Butter Masala	Garlic Bread
	Navratna Korma	Aloo Moradabadi	Navratna Korma	Aloo Methi	
	Kheer		Gulab Jamun		Fruit Custard
Continental Food	Pita bread with Hummus		Cheese Macaroni		
	Falafel		Nachos with Salsa Sauce		
	Kheer		Gulab Jamun		
Evening Snacks	Cookies	Plain Popcorn	Banana	Muffin	Salted Peanuts
	Hot n Sour Soup	Hot Chocolate Milk	Tomato Soup	Chocolate Milk (PYP)	Nimbu Pani
				Lemon Iced Tea (6-12)	