				ON MENU for April-May 2			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	29 April 2019	30 April 2019	01 May 2019	02 May 2019	03 May 2019	04 May 2019	05 May 2019
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Scrambled Eggs	Cheese Omelette	Masala Omelette	Fried Eggs	Scrambled Egg	Boiled Egg	Omelette
	Masala Vada	Aloo Parantha	Poha	Masala Chilla	Upma	Pancake	Maggi
	Pao	Gobhi Paratha	Cutlet	Green Chutney	Uttapam	Maple Syrup	Masala Oats
		Curd & Pickle			Coconut Chutney	Caster Sugar	
						Bombay Masala Sandwich	
	1	l		I	<u> </u>	Bonibay madala danamen	
Morning Snacks	Macaroni Salad	Masala Idli	Veg. Kathi Roll	Coleslaw Sandwich	Veg. Puff	Cheese Garlic Bread	
Worling Shacks	Macaroni Galad	Wasara ran	veg. Ratii rioii	Odiesiaw Gariawieri	veg. i un	Cheese danie Bread	
	0	Di1 0-11	0	0 0-1-1	Green Salad	Green Salad	Laccha Onion
	Green Salad	Diced Salad	Green Salad	Green Salad	Pickle	Pickle	Pickle
	Pickle	Pickle	Pickle	Pickle			
	Plain Curd	Boondi Raita	Plain Curd	Mixed Veg Raita	Plain Curd	Plain Curd	Plain Curd
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice	A. B		Lemon Rice
LUNCH	Chapati	Chapati	Chapati	Chapati	Aloo Parantha	Paneer Pyaz Parantha	Masala/ Plain Dosa
	Dal Fry	Dal Makhani	Rajma Curry	Kaali Masoor Sabut Dal	Pasta in Pink Sauce	Veg. Burger	Sambhar
	Kadhai Paneer	Palak Corn	Kurkuri Bhindi	Paneer Butter Masala	Garlic Bread	Chicken Burger	Coconut Chutney
	Veg Jalfrezi	Ghiya Masala	Gobhi Achari	Aloo Beans			
	Ice Cream		Gulab Jamun		Fruit Custard		
	Veg Chopsuey		Cheese Macaroni				
Continental Food	Coleslaw Sandwich		Nachos with Salsa Sauce				
	Ice Cream		Gulab Jamun				
Lumah faullud							
Lunch for l'ntl	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Burger	Chicken Noodles
Students	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	French Fries	Tom Yum Soup
	Cookies	Plain Popcorn	Banana	Muffin	Salted Peanuts		
Evening Snacks	Nimbu Pani	Frooti	Nimbu Pani	Cold Strawberry Milk (PYP)	Nimbu Pani		
	Timbe Fam	11000					
				Lemon Iced Tea (6-12)			
				Lemon Iced Tea (6-12)			
Evening	Nachos with Salsa Sauce	Sweet Corn	Veg Momos	, ,	Pyaz ki Kachori	Rhel Puri	Cheese Mayo Sandwich
Evening	Nachos with Salsa Sauce	Sweet Corn	Veg. Momos	Mexican Sandwich	Pyaz ki Kachori	Bhel Puri	Cheese Mayo Sandwich
•	Nachos with Salsa Sauce Mango Squash	Sweet Corn Jeera Chaach	Veg. Momos Rose Sharbat	, ,	Pyaz ki Kachori Orange Squash	Bhel Puri Nimbu Pani	Cheese Mayo Sandwich Lemon Iced Tea
Evening Snacks(7:00PM)	Mango Squash	Jeera Chaach	Rose Sharbat	Mexican Sandwich Nimbu Pani	Orange Squash	Nimbu Pani	Lemon Iced Tea
•	Mango Squash Green Salad	Jeera Chaach Green Salad	Rose Sharbat Green Salad	Mexican Sandwich Nimbu Pani Green Salad	Orange Squash Green Salad	Nimbu Pani Kachumar Salad	Lemon Iced Tea Green Salad
•	Mango Squash Green Salad Green/ Imli Chutney	Jeera Chaach Green Salad Pickle	Rose Sharbat Green Salad Achaar	Mexican Sandwich Nimbu Pani Green Salad Achaar	Orange Squash Green Salad Achaar	Nimbu Pani Kachumar Salad Achaar	Lemon Iced Tea Green Salad Achaar
•	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita	Rose Sharbat Green Salad Achaar Veg Pulao	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice	Orange Squash Green Salad Achaar Jeera Rice	Nimbu Pani Kachumar Salad Achaar Peas Pulao	Lemon Iced Tea Green Salad Achaar Peas Pulao
•	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar	Orange Squash Green Salad Achaar Jeera Rice Plain Curd	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita
•	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati
Snacks(7:00PM)	Green Salad Green/ Imii Chutney Beaten Curd Gol Gappe Bhature Choley	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka
Snacks(7:00PM)	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi	Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta
Snacks(7:00PM)	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka
Snacks(7:00PM)	Green Salad Green/ Imii Chutney Beaten Curd Gol Gappe Bhature Choley	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom	Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta
Snacks(7:00PM)	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta
Snacks(7:00PM)	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta
Snacks(7:00PM)	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta Soya Chaap
Dinner	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Butter Chicken Boneless	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom Brownie with Chocolate Sauce	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo Chilli Chicken	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer Lauki Kofta Curry	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta
Dinner for l'ntl	Green Salad Green/ Imil Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Butter Chicken Boneless	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom Brownie with Chocolate Sauce Chicken Thai Curry	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo Chilli Chicken	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter Ice Cream (Strawberry) Chicken Manchurian Gravy	Orange Squash Green Salad Achaar Jera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer Lauki Kofta Curry Chicken Lemon Coriande	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta Soya Chaap Chicken Manchurian Grav
Dinner Dinner for I'ntl Students	Mango Squash Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Butter Chicken Boneless Steamed Rice	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom Brownie with Chocolate Sauce Chicken Thai Curry	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo Chilli Chicken Steamed Rice	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter Ice Cream (Strawberry) Chicken Manchurian Gravy Schewzuan Noodles	Orange Squash Green Salad Achaar Jeera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer Lauki Kofta Curry Chicken Lemon Coriande Steamed Rice	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa r Egg Curry Steamed Rice	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta Soya Chaap Chicken Manchurian Grav
Dinner for I'ntl	Green Salad Green/ Imil Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Butter Chicken Boneless	Jeera Chaach Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Panchmel Aloo Pyaz ki Sabzi Mutter Mushroom Brownie with Chocolate Sauce Chicken Thai Curry Steamed Rice	Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Baked Brocolli with Vegetables Shimla mirchi Aloo Chilli Chicken	Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita & Achaar Lachha Paratha Dal Palak Bhindi Masala Methi Malai Mutter Ice Cream (Strawberry) Chicken Manchurian Gravy	Orange Squash Green Salad Achaar Jera Rice Plain Curd Chapati Dal Makhani Kadhai Paneer Lauki Kofta Curry Chicken Lemon Coriande	Nimbu Pani Kachumar Salad Achaar Peas Pulao Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Tadka Malai Kofta Soya Chaap Chicken Manchurian Grav

			WEEK 2 C	OMMON MENU for May 20)19-20		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	06 May 2019	07 May 2019	08 May 2019	09 May 2019	10 May 2019	11 May 2019	12 May 2019
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Masala Omelette	Scrambled Egg	Boiled Egg	Vegetable Omlette	Scrambled Egg	Cheese Omlette	Boiled Eag
	Poha	Dal Parantha	Idli	Pancake	Veg. Cutlet	Bedmi Poori	Maggi
	Bread Roll	Pickle	Vada	Maple Syrup	Double Decker Sandwich	Aloo Ki Subzi	Masala Oats
	5.044 1.0	Plain Curd	Sambhar	Caster Sugar	Double Decker Gandwich	Alou III Gubzi	IVIASAIA CAIS
		riairi Gara	Coconut Chutney	Vermacilli			
	≟		Coconat Onathey	Vermaciii			
	Garlic Bread	Macaroni Salad	Veg. Frankie	Cheese Sandwich	Veg. Momos	Mexican Sandwich	
Morning Snacks	Ganic Breau	Macaroni Salad	veg. Flatikle	Cheese Sandwich	veg. Montos	Wiexican Sandwich	
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	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad	Laccha Onion	
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Digin Poston Curd
	Mix. Veg Raita	Plain Curd	Mint Raita	Boondi Raita	Plain Curd	Plain Curd	Plain Beaten Curd
LUNCH	Chapati Jeera Rice	Chapati Steamed Rice	Chapati	Chapati	Kulche	Lachcha Parantha	Gobhi Parantha
LUNCH	Jeera Rice Kadhi Pakoda	Rajma Curry	Steamed Rice Dal Makhani	Steamed Rice Dal Tadka	Jeera Rice Choley	Veg. biryani Mirchi Ka Salan	Pizza Pasta in Tomato Basil Sauce
	Paneer Butter Masala	Bhindi Do Pyaza	Aloo Beans	Kadhai Paneer	Papadi chaat	IMITCHI Na Salari	Pasta III Torriato Basii Sauce
	Aloo Methi	Veg. Jalfrezi	Gobhi Masala	Corn Palak	Green & Imli Chutney	Chicken Biryani	
	Kheer	veg. Jamezi	Fruit Custard	CONFAIAN	Ice Cream	Chicken Biryani	
	Kileel		Fruit Custaiu		ice Cream		
	V	1	V	<u> </u>	T	<u> </u>	
Continental Food	Veg au Gratin Potato Wedges		Vegetable Croquettes Veg. Chowmein				
Sommerical Poou	Kheer		Fruit Custard				
	Kileel		Fruit Custaiu				
Lunch for l'ntl	Chicken Sechwaun	Chicken Momos with Thai Chil	li Sauca Chilli Chickon Dry	Chicken Thai Curry	Fried Chicken	Butter Chicken(Bone less)	Chicken Pizza
	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Tom Yum Soup
Ctudonto			i idiii i iice	i idili i lice	I Idill Hice	I lail I lice	Totti Tutti Soup
Students	riaiii nice	not it coul dude	•				
Students			Plain Panagra	Cooking	Muffin	T	
	Banana	Salted Peanuts	Plain Popcorn	Cookies Changlata Milk (RVR)	Muffin		
			Plain Popcorn Nimbu Pani	Chocolate Milk (PYP)	Muffin Nimbu Pani		
	Banana	Salted Peanuts					
Evening Snacks	Banana Nimbu Pani	Salted Peanuts Frooti	Nimbu Pani	Chocolate Milk (PYP) Lemon Iced Tea (6-12)	Nimbu Pani		Mark Voda
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori	Salted Peanuts Frooti Chana Chaat	Nimbu Pani Nachos with Salsa	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa	Nimbu Pani French Fries	Sweet Corn	Mirchi Vada
Evening Snacks	Banana Nimbu Pani	Salted Peanuts Frooti	Nimbu Pani	Chocolate Milk (PYP) Lemon Iced Tea (6-12)	Nimbu Pani	Sweet Corn Lemon Ice Tea	Mirchi Vada Nimbu Pani
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori	Salted Peanuts Frooti Chana Chaat	Nimbu Pani Nachos with Salsa	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa	Nimbu Pani French Fries		
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori Jeera Chaach	Salted Peanuts Frooti Chana Chaat Nimbu Pani	Nimbu Pani Nachos with Salsa Mango Squash	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani	Nimbu Pani French Fries Orange Tang	Lemon Ice Tea	Nimbu Pani
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad	Nimbu Pani Nachos with Salsa Mango Squash Green Salad	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa	Nimbu Pani French Fries Orange Tang Green Salad	Lemon ice Tea Green Salad	
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar	Nimbu Pani Nachos with Salsa Mango Squash	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani	Nimbu Pani French Fries Orange Tang	Lemon Ice Tea	Nimbu Pani Laccha Onion
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani	Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice	Lemon Ice Tea Green Salad Achaar Steamed Rice	Nimbu Pani Laccha Onion Pickle Mint Raita
Evening Snacks Evening Snacks(7:00PM)	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani	Nimbu Pani French Fries Orange Tang Green Salad Achaar	Lemon Ice Tea Green Salad Achaar	Nimbu Pani Laccha Onion Pickle
Evening Snacks Evening	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad	Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati
Evening Snacks Evening Snacks(7:00PM)	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice
Evening Snacks Evening Snacks(7:00PM)	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka
Evening Snacks Evening Snacks(7:00PM)	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falafel	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta
Evening Snacks Evening Snacks(7:00PM)	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Methi Malai Mutter	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom Tinda Masala	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta
Evening Snacks Evening Snacks(7:00PM)	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Methi Malai Mutter	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom Tinda Masala	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falafel	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta
Evening Snacks Evening Snacks(7:00PM) Dinner	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Methi Malai Mutter Fried Chicken	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom Tinda Masala Mutton Curry	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falatel Pav Bhaji Brownie with Chocolate Sauce	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Kaddu Ki Subzi	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta
Evening Snacks Evening Snacks(7:00PM) Dinner	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Methi Malai Mutter Fried Chicken	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Ice Cream Chilli Chicken Gravy	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom Tinda Masala Mutton Curry Mutton Curry	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji Brownie with Chocolate Sauce Chilli Chicken Gravy	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Kaddu Ki Subzi Chicken Lemon Coriander	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Dry	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta Chicken Noodles
Evening Snacks Evening Snacks(7:00PM) Dinner	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Methi Malai Mutter Fried Chicken	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom Tinda Masala Mutton Curry	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falatel Pav Bhaji Brownie with Chocolate Sauce	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Kaddu Ki Subzi	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta
Evening Snacks Evening Snacks(7:00PM) Dinner	Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Methi Malai Mutter Fried Chicken	Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Plain Curd Plain Parantha Veg Manchurian Gravy Veg Noodles Paneer Pasanda Ice Cream Chilli Chicken Gravy	Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Mutter Mushroom Tinda Masala Mutton Curry Mutton Curry	Chocolate Milk (PYP) Lemon Iced Tea (6-12) Samosa Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji Brownie with Chocolate Sauce Chilli Chicken Gravy	French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Lobiya Curry Dum Aloo Kashmiri Kaddu Ki Subzi Chicken Lemon Coriander	Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Makhani Sev Tamatar Shimla Mirch Paneer Bhurji Shrikhand Chilli Chicken Dry	Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Tadka Malai Kofta Baingan ka bharta Chicken Noodles

			WEEK 3 CO	MMON MENU for May 2	2019-20		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	13 May 2019	14 May 2019	15 May 2019	16 May 2019	17 May 2019	18 May 2019	19 May 2019
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Egg Bhurji	Boiled Egg	Masala Omelette	Fried Eggs	Scrambled Egg	Cheese Omelette	Omelette
	Masala Chilla	Pancake	Poha	Aloo Parantha	Upma	Bread Poha	Maggi
	Green Chutney	Maple Syrup	Cutlet	Gobhi Paratha	Uttapam	Sprouts Chat	Masala Oats
	•	Caster Sugar		Curd & Pickle	Coconut Chutney	<u> </u>	
		Bombay Masala Sandwich			,		
	-		-	<u> </u>	<u> </u>	-	<u> </u>
Morning Snacks	American Corn Club Sandwich	Veg. Kathi Roll	Masala Idli	Veg. Puff	Coleslaw Sandwich	Cheese Garlic Bread	
worning onacks	American com clab candwich	vog. ratii rioii	Wasaia idii	veg. i un	oolesiaw candwich	Sheese dame bread	
	Cross Soled	Digad Calad	Croon Colod	Green Salad	Green Salad	Green Salad	Laccha Onion
	Green Salad	Diced Salad	Green Salad		Pickle	Pickle	Pickle
	Pickle	Pickle	Pickle	Pickle			
	Plain Curd	Boondi Raita	Mix Veg Raita	Plain Curd	Plain Curd	Plain Curd	Boondi Raita
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice	41 8 "	<u> </u>	Lemon Rice
LUNCH	Chapati	Chapati	Chapati	Chapati	Aloo Parantha	Veg. Biryani	Masala/ Plain Dosa
-	Dal Fry	Rajma Curry	Kaali Masoor Sabut Dal	Dal Makhani	Pasta in Pink Sauce	Veg. Burger	Sambhar
	Paneer Butter Masala	Kurkuri Bhindi	Aloo Beans	Kadhai Paneer	Garlic Bread	French Fries	Coconut Chutney
	Veg. Jalfrezi	Gobhi Achari	Ghiya Masala	Veg Jalfrezi		Chicken Burger	
	Ice Cream		Gulab Jamun		Fruit Custard		
	Veg Chopsuey		Baked Macaroni				
ontinental Food	Coleslaw Sandwich		Nachos with Salsa Sauce				
	Ice Cream		Gulab Jamun				
Lunch for l'ntl	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Burger	Chicken Noodles
Students	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	French Fries	Tom Yum Soup
	-	•	•	•	•	•	•
	0 1:			Muffin		1	
		Plain Poncorn	Banana		Salted Peanuts		
Evening Spacks	Cookies Nimbu Pani	Plain Popcorn Fronti	Banana Nimbu Pani		Salted Peanuts		
Evening Snacks	Nimbu Pani	Plain Popcorn Frooti	Banana Nimbu Pani	Cold Strawberry Milk (PYP)	Salted Peanuts Nimbu Pani		
Evening Snacks							
Evening Snacks				Cold Strawberry Milk (PYP)			
Evening Snacks Evening	Nimbu Pani	Frooti	Nimbu Pani	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12)	Nimbu Pani		
Evening	Nimbu Pani Veg. Momos	Frooti Sweet Corn	Nimbu Pani Pyaz Kachori	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich	Nimbu Pani Nachos with Salsa Sauce	Bhel Puri	Cheese Mayo Sandwich
Evening	Nimbu Pani	Frooti	Nimbu Pani	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12)	Nimbu Pani	Bhel Puri Nimbu Pani	Cheese Mayo Sandwich Lemon Iced Tea
Evening	Nimbu Pani Veg. Momos Mango Squash	Sweet Corn Nimbu Pani	Nimbu Pani Pyaz Kachori Rose Sharbat	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani	Nachos with Salsa Sauce Orange Squash	Nimbu Pani	Lemon Iced Tea
Evening	Nimbu Pani Veg. Momos Mango Squash Green Salad	Sweet Corn Nimbu Pani Green Salad	Nimbu Pani Pyaz Kachori Rose Sharbat Green Salad	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad	Nachos with Salsa Sauce Orange Squash Green Salad	Nimbu Pani Kachumar Salad	Lemon Iced Tea Green Salad
Evening	Veg. Momos Mango Squash Green Salad Pickle	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney	Pyaz Kachori Rose Sharbat Green Salad Achaar	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar	Nachos with Salsa Sauce Orange Squash Green Salad Achaar	Nimbu Pani Kachumar Salad Achaar	Lemon Iced Tea Green Salad Achaar
Evening	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice	Nimbu Pani Kachumar Salad Achaar Jeera Rice	Lemon Iced Tea Green Salad Achaar Peas Pulao
Evening	Veg. Momos Mango Squash Green Salad Pickle	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney	Pyaz Kachori Rose Sharbat Green Salad Achaar	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar	Nachos with Salsa Sauce Orange Squash Green Salad Achaar	Nimbu Pani Kachumar Salad Achaar	Lemon Iced Tea Green Salad Achaar
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice	Nimbu Pani Kachumar Salad Achaar Jeera Rice	Lemon Iced Tea Green Salad Achaar Peas Pulao
Evening	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice	Sweet Corn Nimbu Pani Green Salad Green/ Imil Chutney Beaten Curd Gol Gappe	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha	Sweet Corn Nimbu Pani Green Salad Green/ Imil Chutney Beaten Curd Gol Gappe Bhature	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani	Sweet Corn Nimbu Pani Green Salad Green/ Imil Chutney Beaten Curd Gol Gappe Bhature Choley	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha Dhaba Dal Fry	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Lachha Paratha Dhaba Dal Fry Gatta Masala	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter	Frooti Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha Dhaba Dal Fry Gatta Masala Shimla Mirchi Aloo	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Lachha Paratha Dhaba Dal Fry Gatta Masala	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter Benarasi Aloo Pyaz Butter Chicken Boneless	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat Mango and Rasberry Duet	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha Dahab Dal Fry Gatta Masala Shimla Mirchi Aloo	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala Tori Ki Sabzi	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan Sev Tamatar
Dinner for I'ntl	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter	Frooti Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha Dhaba Dal Fry Gatta Masala Shimla Mirchi Aloo	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan
Evening Snacks(7:00PM)	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter Benarasi Aloo Pyaz Butter Chicken Boneless	Frooti Sweet Corn Nimbu Pani Green Salad Green/Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat Mango and Rasberry Duet Chicken Thai Curry	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer Baked Brocolli with Vegetables Chicken Chettinad Chicken Lemon Coriander	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachta Paratha Dhaba Dal Fry Gatta Masala Shimla Mirchi Aloo Ice Cream (Strawberry)	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala Tori Ki Sabzi	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa Chilli Chicken Dry	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan Sev Tamatar Chicken Manchurian Gravy
Evening Snacks(7:00PM) Dinner	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter Benarasi Aloo Pyaz Butter Chicken Boneless	Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat Mango and Rasberry Duet	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer Baked Brocolli with Vegetables Chicken Chettinad	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha Dahab Dal Fry Gatta Masala Shimla Mirchi Aloo	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala Tori Ki Sabzi	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan Sev Tamatar
Evening Snacks(7:00PM) Dinner	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter Benarasi Aloo Pyaz Butter Chicken Boneless Butter Chicken Steamed Rice	Frooti Sweet Corn Nimbu Pani Green Salad Green/ Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat Mango and Rasberry Duet Chicken Thai Curry Steamed Rice	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer Baked Brocolli with Vegetables Chicken Chettinad Chicken Lemon Coriander Schewzuan Noodles	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachha Paratha Dhaba Dal Fry Gatta Masala Shimla Mirchi Aloo Ice Cream (Strawberry) Chicken Manchurian Gravy Steamed Rice	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala Tori Ki Sabzi Egg Curry Steamed Rice	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa Chilli Chicken Dry Steamed Rice	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan Sev Tamatar Chicken Manchurian Gravy Fried Rice
Evening Snacks(7:00PM) Dinner	Veg. Momos Mango Squash Green Salad Pickle Tomato & Cucumber Raita Steamed Rice Parantha Dal Makhani Pattagobhi Mutter Benarasi Aloo Pyaz Butter Chicken Boneless	Frooti Sweet Corn Nimbu Pani Green Salad Green/Imli Chutney Beaten Curd Gol Gappe Bhature Choley Aloo Tikki Papdi Chaat Mango and Rasberry Duet Chicken Thai Curry	Pyaz Kachori Rose Sharbat Green Salad Achaar Veg Pulao Plain Curd Chapati Kadhi Pakora Palak Paneer Baked Brocolli with Vegetables Chicken Chettinad Chicken Lemon Coriander	Cold Strawberry Milk (PYP) Lemon Iced Tea (6-12) Mexican Sandwich Nimbu Pani Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Lachta Paratha Dhaba Dal Fry Gatta Masala Shimla Mirchi Aloo Ice Cream (Strawberry)	Nachos with Salsa Sauce Orange Squash Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Bhindi Masala Tori Ki Sabzi	Nimbu Pani Kachumar Salad Achaar Jeera Rice Mint Raita Puri Aloo Rassedar Kale chane sukhe Egg Curry Suji ka Halwa Chilli Chicken Dry	Lemon Iced Tea Green Salad Achaar Peas Pulao Boondi Ka Raita Chapati Dal Panchmel Paneer Khurchan Sev Tamatar Chicken Manchurian Gravy

			WEEK 4 C	OMMON MENU for May 2	019-20		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	20 May 2019	21 May 2019	22 May 2019	23 May 2019	24 May 2019	25 May 2019	26 May 2019
	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Breakfast	Masala Omelette	Scrambled Egg	Boiled Egg	Vegetable Omlette	Scrambled Egg	Cheese Omlette	Boiled Egg
	Pancake	Dal Parantha	Mix Veg Uttapam	Poha	Bread Roll	Bedmi Poori	Maggi
	Maple Syrup	Pickle	Coconut Chutney	Bombay Masala Sandwich	Veg. Cutlet	Aloo Ki Subzi	Masala Oats
	Caster Sugar	Plain Curd	Sambhar	Bonnoay Macaia Canamon		7 HOO TH GUDE	madala Gale
	Vermacilli						
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Morning Snacks	Garlic Bread	Macaroni Salad	Veg. Frankie	Cheese Sandwich	Masala Idli	Grilled Veg Sandwich	
	-	•	•		•		•
	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad	Laccha Onion	
	Pickle	Pickle	Pickle	Pickle	Pickle		
	Boondi Raita	Mint Raita	Boondi Raita	Boondi Raita	Plain Curd	Plain Curd	Plain Beaten Curd
	Chapati	Chapati	Chapati	Chapati	Aloo Parantha	Lachcha Parantha	Garlic Bread
LUNCH	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Kulche	Veg. biryani	Pizza
-	Dal Tadka	Rajma Curry	Dal Makhani	Kadhi Pakoda	Choley	Mirchi Ka Salan	Pasta in Tomato Basil Sauce
	Kadhai Paneer	Bhindi Do Pyaza	Aloo Beans	Paneer Butter Masala	Papadi chaat		Gobhi Parantha
	Corn Palak	Veg. Jalfrezi	Gobhi Masala	Ghiya ki Sabzi	Green & Imli Chutney	Chicken Biryani	
	Fruit Custard	- I Sign Summa	Ice Cream (Vanilla)		Kheer		
			Too stoam (value)				· · · · · · · · · · · · · · · · · · ·
	Veg au Gratin		Vegetable Croquettes				
Continental Food	Detete Wedges		Veg. Chowmein				
Continental Food	Potato Wedges		veg. Griowillelli				
Continental Food	Fruit Custard		Ice Cream (Vanilla)				
Lunch for l'ntl	Fruit Custard Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Ice Cream (Vanilla) Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Butter Chicken(Bone less)	Chicken Pizza
	Fruit Custard	Chicken Momos with Thai Chilli Sauce Hot N Sour sauce	Ice Cream (Vanilla)	Chicken Thai Curry Plain Rice	Fried Chicken Plain Rice	Butter Chicken(Bone less) Plain Rice	Chicken Pizza Tom Yum Soup
Lunch for l'ntl	Fruit Custard Chicken Sechwaun Plain Rice	Hot N Sour sauce	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice	Plain Rice	Plain Rice		
Lunch for l'nti Students	Fruit Custard Chicken Sechwaun Plain Rice Banana	Hot N Sour sauce Salted Peanuts	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn	Plain Rice Cookies	Plain Rice Muffin		
Lunch for l'ntl Students	Fruit Custard Chicken Sechwaun Plain Rice	Hot N Sour sauce	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice	Plain Rice Cookies Chocolate Milk (PYP)	Plain Rice		
Lunch for l'ntl Students	Fruit Custard Chicken Sechwaun Plain Rice Banana	Hot N Sour sauce Salted Peanuts	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn	Plain Rice Cookies	Plain Rice Muffin		
Lunch for l'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani	Hot N Sour sauce Salted Peanuts Frooti	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12)	Plain Rice Muffin Nimbu Pani	Plain Rice	Tom Yum Soup
Lunch for l'ntl Students Evening Snacks	Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao	Plain Rice Muffin Nimbu Pani French Fries	Plain Rice Veg. Momos	Tom Yum Soup Mirchi Vada
Lunch for I'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani	Hot N Sour sauce Salted Peanuts Frooti	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12)	Plain Rice Muffin Nimbu Pani	Plain Rice	Tom Yum Soup
Lunch for l'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani	Plain Rice Muffin Nimbu Pani French Fries Orange Tang	Plain Rice Veg. Momos Lemon Ice Tea	Tom Yum Soup Mirchi Vada Nimbu Pani
Lunch for l'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad	Plain Rice Veg. Momos Lemon Ice Tea Green Salad	Mirchi Vada Nimbu Pani Laccha Onion
Lunch for l'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar	Mirchi Vada Nimbu Pani Laccha Onion Pickle
Lunch for l'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita
Lunch for l'ntl Students Evening Snacks	Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati
Lunch for l'ntl Students Evening Snacks	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Achaar Fried Rice Plain Curd Stuffed Parantha	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice
Lunch for I'ntl Students Evening Snacks Evening Snacks(7:00PM)	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani	Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Takda	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel
Lunch for I'ntl Students Evening Snacks Evening Snacks(7:00PM)	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Achaar Fried Rice Plain Curd Stuffed Parantha	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel Malai Kofta
Lunch for I'ntl Students Evening Snacks Evening Snacks(7:00PM)	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Dum Aloo Kashmiri	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer Kaddu ki Sabzi	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani	Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Takda	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel
Lunch for l'ntl Students Evening Snacks Evening Snacks(7:00PM)	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy Veg Noodles	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter Shimla Mirch Paneer Bhurji	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel Malai Kofta
Lunch for I'ntl Students Evening Snacks Evening Snacks(7:00PM)	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Dum Aloo Kashmiri	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer Kaddu ki Sabzi	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel Malai Kofta
Evening Snacks Evening Snacks Evening Snacks Dinner	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Dum Aloo Kashmiri Chilly Chicken Dry	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy Veg Noodles Shrikhand	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer Kaddu ki Sabzi Mutton Curry	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji Brownie with Chocolate Sauce	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi Tinda Masala	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter Shimla Mirch Paneer Bhurji	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel Malai Kofta Baingan ka bharta
Evening Snacks Evening Snacks Evening Snacks Dinner	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Dum Aloo Kashmiri Chilly Chicken Dry Chilly Chicken Dry	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy Veg Noodles Shrikhand Chilli Chicken Gravy	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer Kaddu ki Sabzi Mutton Curry	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji Brownie with Chocolate Sauce	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi Tinda Masala Chicken Lemon Coriander	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter Shimla Mirch Paneer Bhurji Ice Cream Chilli Chicken Dry	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mintel
Evening Snacks Evening Snacks Evening Snacks Dinner	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Dum Aloo Kashmiri Chilly Chicken Dry	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy Veg Noodles Shrikhand	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer Kaddu ki Sabzi Mutton Curry	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji Brownie with Chocolate Sauce	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi Tinda Masala	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato,Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter Shimla Mirch Paneer Bhurji	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel Malai Kofta Baingan ka bharta
Evening Snacks Evening Snacks Evening Snacks Dinner	Fruit Custard Chicken Sechwaun Plain Rice Banana Nimbu Pani Jhal Moori Jeera Chaach Green Salad Achaar Steamed Rice Jeera Raita Chapati Dal Makhani Achari Gobhi Dum Aloo Kashmiri Chilly Chicken Dry Chilly Chicken Dry	Hot N Sour sauce Salted Peanuts Frooti Chana Chaat Nimbu Pani Green Salad Achaar Fried Rice Plain Curd Stuffed Parantha Veg Manchurian Gravy Veg Noodles Shrikhand Chilli Chicken Gravy	Ice Cream (Vanilla) Chilli Chicken Dry Plain Rice Plain Popcorn Nimbu Pani Nachos with Salsa Mango Squash Green Salad Achaar Steamed Rice Tomato Cucumber Raita Chapati Sabut Masoor ki Dal Palak Paneer Kaddu ki Sabzi Mutton Curry	Plain Rice Cookies Chocolate Milk (PYP) Lemon Iced Tea (6-12) Vada Pao Nimbu Pani Caesar Salad Pita Bread Hummus Falafel Pav Bhaji Brownie with Chocolate Sauce	Plain Rice Muffin Nimbu Pani French Fries Orange Tang Green Salad Achaar Steamed Rice Plain Curd Chapati Dal Makhani Kurkuri Bhindi Tinda Masala Chicken Lemon Coriander	Plain Rice Veg. Momos Lemon Ice Tea Green Salad Achaar Steamed Rice Tomato, Cucumber Raita Plain Parantha Dal Takda Pattagobhi Mutter Shimla Mirch Paneer Bhurji Ice Cream Chilli Chicken Dry	Mirchi Vada Nimbu Pani Laccha Onion Pickle Mint Raita Chapati Jeera Rice Dal Panchmel Matai Kofta Baingan ka bharta Chicken Noodles