

WEEK 1 COMMON MENU for April-May 2019-20							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	29 April 2019	30 April 2019	01 May 2019	02 May 2019	03 May 2019	04 May 2019	05 May 2019
Breakfast	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
	Scrambled Eggs	Cheese Omelette	Masala Omelette	Fried Eggs	Scrambled Egg	Boiled Egg	Omelette
	Masala Vada	Aloo Parantha	Poha	Masala Chilla	Upma	Pancake	Maggi
	Pao	Gobhi Paratha	Cutlet	Green Chutney	Uttapam	Maple Syrup	Masala Oats
		Curd & Pickle			Coconut Chutney	Caster Sugar	
						Bombay Masala Sandwich	
Morning Snacks	Macaroni Salad	Masala Idli	Veg. Kathi Roll	Coleslaw Sandwich	Veg. Puff	Cheese Garlic Bread	
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Green Salad	Green Salad	Laccha Onion
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle
	Plain Curd	Boondi Raita	Plain Curd	Mixed Veg Raita	Plain Curd	Plain Curd	Plain Curd
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice			Lemon Rice
	Chapati	Chapati	Chapati	Chapati	Aloo Parantha	Paneer Pyaz Parantha	Masala/ Plain Dosa
	Dal Fry	Dal Makhani	Rajma Curry	Kaali Masoor Sabut Dal	Pasta in Pink Sauce	Veg. Burger	Sambhar
	Kadhai Paneer	Palak Corn	Kurkuri Bhindi	Paneer Butter Masala	Garlic Bread	Chicken Burger	Coconut Chutney
	Veg Jalfrezi	Ghiya Masala	Gobhi Achari	Aloo Beans			
	Ice Cream		Gulab Jamun		Fruit Custard		
Continental Food	Veg Chopsuey		Cheese Macaroni				
	Coleslaw Sandwich		Nachos with Salsa Sauce				
	Ice Cream		Gulab Jamun				
Lunch for Intl Students	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Burger	Chicken Noodles
	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	French Fries	Tom Yum Soup
Evening Snacks	Cookies	Plain Popcorn	Banana	Muffin	Salted Peanuts		
	Nimbu Pani	Frooti	Nimbu Pani	Cold Strawberry Milk (PYP)	Nimbu Pani		
				Lemon Iced Tea (6-12)			
Evening Snacks(7:00PM)	Nachos with Salsa Sauce	Sweet Corn	Veg. Momos	Mexican Sandwich	Pyaz ki Kachori	Bhel Puri	Cheese Mayo Sandwich
	Mango Squash	Jeera Chaach	Rose Sharbat	Nimbu Pani	Orange Squash	Nimbu Pani	Lemon Iced Tea
Dinner	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Kachumar Salad	Green Salad
	Green/ Imli Chutney	Pickle	Achaar	Achaar	Achaar	Achaar	Achaar
	Beaten Curd	Tomato & Cucumber Raita	Veg Pulao	Steamed Rice	Jeera Rice	Peas Pulao	Peas Pulao
	Gol Gappe	Steamed Rice	Plain Curd	Tomato,Cucumber Raita & Achaar	Plain Curd	Mint Raita	Boondi Ka Raita
	Bhature	Parantha	Chapati	Lachha Paratha	Chapati	Puri	Chapati
	Choley	Dal Panchmel	Kadhi Pakora	Dal Palak	Dal Makhani	Aloo Rasedar	Dal Tadka
	Aloo Tikki	Aloo Pyaz ki Sabzi	Baked Broccoli with Vegetables	Bhindi Masala	Kadhai Paneer	Kale chane sukhe	Malai Kofta
		Mutter Mushroom	Shimla mirchi Aloo	Methi Malai Mutter	Lauki Kofta Curry		Soya Chaap
	Butter Chicken Boneless		Chilli Chicken			Egg Curry	
		Brownie with Chocolate Sauce		Ice Cream (Strawberry)		Suji ka Halwa	
Dinner for Intl Students	Butter Chicken Boneless	Chicken Thai Curry	Chilli Chicken	Chicken Manchurian Gravy	Chicken Lemon Coriander	Egg Curry	Chicken Manchurian Gravy
	Steamed Rice	Steamed Rice	Steamed Rice	Schwenzuan Noodles	Steamed Rice	Steamed Rice	Fried Rice
Night Milk	Milk	Milk	Milk	Milk	Milk	Milk	Chocolate Milk
	Cream Roll	Jim Jam	Cookies	Muffin	Cream Roll	Rusk	Jim Jam

WEEK 2 COMMON MENU for May 2019-20							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	06 May 2019	07 May 2019	08 May 2019	09 May 2019	10 May 2019	11 May 2019	12 May 2019
Breakfast	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
	Masala Omelette	Scrambled Egg	Boiled Egg	Vegetable Omelette	Scrambled Egg	Cheese Omlette	Boiled Egg
	Poha	Dal Parantha	Idli	Pancake	Veg. Cutlet	Bedmi Poori	Maggi
	Bread Roll	Pickle	Vada	Maple Syrup	Double Decker Sandwich	Aloo Ki Subzi	Masala Oats
		Plain Curd	Sambhar	Caster Sugar			
			Coconut Chutney	Vermacilli			
Morning Snacks	Garlic Bread	Macaroni Salad	Veg. Frankie	Cheese Sandwich	Veg. Momos	Mexican Sandwich	
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad	Laccha Onion	
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	
	Mix. Veg Raita	Plain Curd	Mint Raita	Boondi Raita	Plain Curd		Plain Beaten Curd
	Chapati	Chapati	Chapati	Chapati	Kulche	Lachcha Parantha	Gobhi Parantha
	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Jeera Rice	Veg. biryani	Pizza
	Kadhi Pakoda	Rajma Curry	Dal Makhani	Dal Tadka	Choley	Mirchi Ka Salan	Pasta in Tomato Basil Sauce
	Paneer Butter Masala	Bhindi Do Pyaza	Aloo Beans	Kadhai Paneer	Papadi chaat		
	Aloo Methi	Veg. Jalfrezi	Gobhi Masala	Corn Palak	Green & Imli Chutney	Chicken Biryani	
	Kheer		Fruit Custard		Ice Cream		
Continental Food	Veg au Gratin		Vegetable Croquettes				
	Potato Wedges		Veg. Chowmein				
	Kheer		Fruit Custard				
Lunch for I'ntl Students	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Butter Chicken(Bone less)	Chicken Pizza
	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Tom Yum Soup
Evening Snacks	Banana	Salted Peanuts	Plain Popcorn	Cookies	Muffin		
	Nimbu Pani	Frooti	Nimbu Pani	Chocolate Milk (PYP)	Nimbu Pani		
				Lemon Iced Tea (6-12)			
Evening Snacks(7:00PM)	Jhal Moori	Chana Chaat	Nachos with Salsa	Samosa	French Fries	Sweet Corn	Mirchi Vada
	Jeera Chaach	Nimbu Pani	Mango Squash	Nimbu Pani	Orange Tang	Lemon Ice Tea	Nimbu Pani
Dinner	Green Salad	Green Salad	Green Salad	Caesar Salad	Green Salad	Green Salad	Laccha Onion
	Achaar	Achaar	Achaar		Achaar	Achaar	Pickle
	Steamed Rice	Fried Rice	Steamed Rice		Steamed Rice	Steamed Rice	Mint Raita
	Jeera Raita	Plain Curd	Tomato Cucumber Raita		Plain Curd	Tomato,Cucumber Raita	Chapati
	Chapati	Plain Parantha	Chapati	Pita Bread	Chapati	Plain Parantha	Jeera Rice
	Dal Makhani	Veg Manchurian Gravy	Sabut Masoor ki Dal	Hummus	Lobiya Curry	Dal Makhani	Dal Tadka
	Achari Gobhi	Veg Noodles	Mutter Mushroom	Falafel	Dum Aloo Kashmiri	Sev Tamatar	Malai Kofta
	Methi Malai Mutter	Paneer Pasanda	Tinda Masala	Pav Bhaji	Kaddu Ki Subzi	Shimla Mirch Paneer Bhurji	Baingan ka bharta
	Fried Chicken		Mutton Curry				
		Ice Cream		Brownie with Chocolate Sauce		Shrikhand	
Dinner for I'ntl Students	Fried Chicken	Chilli Chicken Gravy	Mutton Curry	Chilli Chicken Gravy	Chicken Lemon Coriander	Chilli Chicken Dry	Chicken Noodles
	Plain Rice	Plain Rice	Plain Rice	Schewzuan Noodles	Plain Rice	Plain Rice	Manchow Soup
Night Milk	Milk	Strawberry Milk	Milk	Milk	Milk	Milk	Milk
	Fruit Cake	Cookies	Cream Roll	Muffin	Cream Roll	Rusk	Cream Roll

WEEK 3 COMMON MENU for May 2019-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	13 May 2019	14 May 2019	15 May 2019	16 May 2019	17 May 2019	18 May 2019	19 May 2019
Breakfast	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
	Egg Bhurji	Boiled Egg	Masala Omelette	Fried Eggs	Scrambled Egg	Cheese Omelette	Omelette
	Masala Chilla	Pancake	Poha	Aloo Parantha	Upma	Bread Poha	Maggi
	Green Chutney	Maple Syrup	Cutlet	Gobhi Paratha	Uttapam	Sprouts Chat	Masala Oats
		Caster Sugar		Curd & Pickle	Coconut Chutney		
		Bombay Masala Sandwich					
Morning Snacks	American Corn Club Sandwich	Veg. Kathi Roll	Masala Idli	Veg. Puff	Coleslaw Sandwich	Cheese Garlic Bread	
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Green Salad	Green Salad	Laccha Onion
	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Pickle
	Plain Curd	Boondi Raita	Mix Veg Raita	Plain Curd	Plain Curd	Plain Curd	Boondi Raita
	Jeera Rice	Steamed Rice	Jeera Rice	Plain Rice			Lemon Rice
	Chapati	Chapati	Chapati	Chapati	Aloo Parantha	Veg. Biryani	Masala/ Plain Dosa
	Dal Fry	Rajma Curry	Kaali Masoor Sabut Dal	Dal Makhani	Pasta in Pink Sauce	Veg. Burger	Sambhar
	Paneer Butter Masala	Kurkuri Bhindi	Aloo Beans	Kadhui Paneer	Garlic Bread	French Fries	Coconut Chutney
	Veg. Jalfrezi	Gobhi Achari	Ghiya Masala	Veg Jalfrezi		Chicken Burger	
	Ice Cream		Gulab Jamun		Fruit Custard		
Continental Food	Veg Chopsuey		Baked Macaroni				
	Coleslaw Sandwich		Nachos with Salsa Sauce				
	Ice Cream		Gulab Jamun				
Lunch for I'ntl Students	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Chicken Burger	Chicken Noodles
	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	French Fries	Tom Yum Soup
Evening Snacks	Cookies	Plain Popcorn	Banana	Muffin	Salted Peanuts		
	Nimbu Pani	Frooti	Nimbu Pani	Cold Strawberry Milk (PYP)	Nimbu Pani		
				Lemon Iced Tea (6-12)			
Evening Snacks(7:00PM)	Veg. Momos	Sweet Corn	Pyaz Kachori	Mexican Sandwich	Nachos with Salsa Sauce	Bhel Puri	Cheese Mayo Sandwich
	Mango Squash	Nimbu Pani	Rose Sharbat	Nimbu Pani	Orange Squash	Nimbu Pani	Lemon Iced Tea
Dinner	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Kachumar Salad	Green Salad
	Pickle	Green/ Imli Chutney	Achaar	Achaar	Achaar	Achaar	Achaar
	Tomato & Cucumber Raita	Beaten Curd	Veg Pulao	Steamed Rice	Steamed Rice	Jeera Rice	Peas Pulao
	Steamed Rice	Gol Gappe	Plain Curd	Tomato,Cucumber Raita	Plain Curd	Mint Raita	Boondi Ka Raita
	Parantha	Bhature	Chapati	Lachha Paratha	Chapati	Puri	Chapati
	Dal Makhani	Choley	Kadhi Pakora	Dhaba Dal Fry	Dal Makhani	Aloo Rassedar	Dal Panchmel
	Pattagobhi Mutter	Aloo Tikki	Palak Paneer	Gatta Masala	Bhindi Masala	Kale chane sukhe	Paneer Khurchan
	Benarasi Aloo Pyaz	Papdi Chaat	Baked Broccoli with Vegetables	Shimla Mirchi Aloo	Tori Ki Sabzi		Sev Tamatar
	Butter Chicken Boneless		Chicken Chettinad			Egg Curry	
		Mango and Raspberry Duet		Ice Cream (Strawberry)		Suji ka Halwa	
Dinner for I'ntl Students	Butter Chicken	Chicken Thai Curry	Chicken Lemon Coriander	Chicken Manchurian Gravy	Egg Curry	Chilli Chicken Dry	Chicken Manchurian Gravy
	Steamed Rice	Steamed Rice	Schwzuan Noodles	Steamed Rice	Steamed Rice	Steamed Rice	Fried Rice
Night Milk	Milk	Milk	Milk	Milk	Milk	Milk	Chocolate Milk
	Cream Roll	Jim Jam	Cookies	Muffin	Cream Roll	Rusk	Jim Jam

WEEK 4 COMMON MENU for May 2019-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	20 May 2019	21 May 2019	22 May 2019	23 May 2019	24 May 2019	25 May 2019	26 May 2019
Breakfast	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk	Hot/Cold Milk
	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam	Bread,Butter,Jam
	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes	Chocos/Cornflakes
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
	Masala Omelette	Scrambled Egg	Boiled Egg	Vegetable Omelette	Scrambled Egg	Cheese Omlette	Boiled Egg
	Pancake	Dal Parantha	Mix Veg Uttapam	Poha	Bread Roll	Bedmi Poori	Maggi
	Maple Syrup	Pickle	Coconut Chutney	Bombay Masala Sandwich	Veg. Cutlet	Aloo Ki Subzi	Masala Oats
	Caster Sugar	Plain Curd	Sambhar				
Morning Snacks	Garlic Bread	Macaroni Salad	Veg. Frankie	Cheese Sandwich	Masala Idli	Grilled Veg Sandwich	
LUNCH	Green Salad	Diced Salad	Green Salad	Green Salad	Onion Salad	Laccha Onion	
	Pickle	Pickle	Pickle	Pickle	Pickle		
	Boondi Raita	Mint Raita	Boondi Raita	Boondi Raita	Plain Curd	Plain Curd	Plain Beaten Curd
	Chapati	Chapati	Chapati	Chapati	Aloo Parantha	Lachcha Parantha	Garlic Bread
	Jeera Rice	Steamed Rice	Steamed Rice	Steamed Rice	Kulche	Veg. biryani	Pizza
	Dal Tadka	Rajma Curry	Dal Makhani	Kadhi Pakoda	Choley	Mirchi Ka Salan	Pasta in Tomato Basil Sauce
	Kadhali Paneer	Bhindi Do Pyaza	Aloo Beans	Paneer Butter Masala	Papadi chaat		Gobhi Parantha
	Corn Palak	Veg. Jalfrezi	Gobhi Masala	Ghiya ki Sabzi	Green & Imli Chutney	Chicken Biryani	
	Fruit Custard		Ice Cream (Vanilla)		Kheer		
Continental Food	Veg au Gratin		Vegetable Croquettes				
	Potato Wedges		Veg. Chowmein				
	Fruit Custard		Ice Cream (Vanilla)				
Lunch for Int'l Students	Chicken Sechwaun	Chicken Momos with Thai Chilli Sauce	Chilli Chicken Dry	Chicken Thai Curry	Fried Chicken	Butter Chicken(Bone less)	Chicken Pizza
	Plain Rice	Hot N Sour sauce	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Tom Yum Soup
Evening Snacks	Banana	Salted Peanuts	Plain Popcorn	Cookies	Muffin		
	Nimbu Pani	Frooti	Nimbu Pani	Chocolate Milk (PYP)	Nimbu Pani		
				Lemon Iced Tea (6-12)			
Evening Snacks(7:00PM)	Jhal Moori	Chana Chaat	Nachos with Salsa	Vada Pao	French Fries	Veg. Momos	Mirchi Vada
	Jeera Chaach	Nimbu Pani	Mango Squash	Nimbu Pani	Orange Tang	Lemon Ice Tea	Nimbu Pani
Dinner	Green Salad	Green Salad	Green Salad	Caesar Salad	Green Salad	Green Salad	Laccha Onion
	Achaar	Achaar	Achaar		Achaar	Achaar	Pickle
	Steamed Rice	Fried Rice	Steamed Rice		Steamed Rice	Steamed Rice	Mint Raita
	Jeera Raita	Plain Curd	Tomato Cucumber Raita		Plain Curd	Tomato,Cucumber Raita	Chapati
	Chapati	Stuffed Parantha	Chapati	Pita Bread	Chapati	Plain Parantha	Jeera Rice
	Dal Makhani	Veg Manchurian Gravy	Sabut Masoor ki Dal	Hummus	Dal Makhani	Dal Takda	Dal Panchmel
	Achari Gobhi	Veg Noodles	Palak Paneer	Falafel	Kurkuri Bhindi	Pattagobhi Mutter	Malai Kofta
	Dum Aloo Kashmiri		Kaddu ki Sabzi	Pav Bhaji	Tinda Masala	Shimla Mirch Paneer Bhurji	Baingan ka bharta
	Chilly Chicken Dry		Mutton Curry				
		Shrikhand		Brownie with Chocolate Sauce		Ice Cream	
Dinner for Int'l Students	Chilly Chicken Dry	Chilli Chicken Gravy	Mutton Curry	Chilli Chicken Gravy	Chicken Lemon Coriander	Chilli Chicken Dry	Chicken Noodles
	Plain Rice	Plain Rice	Plain Rice	Schewzuan Noodles	Plain Rice	Plain Rice	Manchow Soup
Night Milk	Milk	Strawberry Milk	Milk	Milk	Milk	Milk	Milk
	Fruit Cake	Cookies	Cream Roll	Muffin	Cream Roll	Rusk	Cream Roll